



**VIVEKANANDHA COLLEGE OF ENGINEERING FOR WOMEN  
(AUTONOMOUS)**

**Tiruchengode – 637 205**

**“HEALTH AWARENESS CAMP”**



***Organized by***

**Internal Quality Assurance Cell**

***In association with***

**Swamy Vivekanandha Naturopathy and  
Yoga Medical College**



**On**

**05<sup>th</sup> February, 2022**

**PRINCIPAL,**  
Vivekanandha College of Engineering  
for Women, (Autonomous)  
Tiruchengode (Tk.) Namakkal (Dt.)  
Tamilnadu - 637 205.



**VIVEKANANDHA COLLEGE OF ENGINEERING FOR WOMEN  
(AUTONOMOUS)**

**Tiruchengode – 637 205**

**“HEALTH AWARENESS CAMP”**

**Report**

To commemorate 75<sup>th</sup> year of Independence in association with Swamy Vivekanandha Naturopathy and Yoga Medical College, we organized “Health Awareness Camp” on 05.02.2022 for Teaching and Non-Teaching staff members.

This program includes

- ❖ Health Talk,
- ❖ Yoga Demonstration and
- ❖ Doctors Consultation.

This program is felicitated by **Prof.S.Kuppuswami**. Executive Director and Preside over by **Prof.Dr.M.Karunanithi**, Chairman and Secretary, Vivekanandha Educational Institutions and Hospitals.

The program was started at 11.15 a.m. The welcome address is delivered by Dr.KCK.Vijayakumar, Principal/VCEW and Dr.P.Kannan, CoE/VCEW introduce the Chief Guests Dr.Su.Sreedaran, Dr.Anoop Kumar, Dr.Asvedha and Dr.E.Dharani, Assistant Professors cum Medical Officers of Swamy Vivekanandha Naturopathy and Yoga Medical College, Sankari.

**Session 1:** Dr.Su.Sreedaran and his team delivered on the topic “Staying Healthy Life Style”. In that he mentioned about the essential elements needed for maintaining our physical body system.

**Session 2:** Yoga, Breathing exercise and “Nadi Shuddhi Pranayama” is conducted for the staff members.

**Session 3:** Health consultation is conduct to the interested faculty members. In that BMI, BP and other necessary health related complications are treated for staff members.



  
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Totally 120 members are benefitted through this health awareness camp.



Estd. 2001

# VIVEKANANDHA COLLEGE OF ENGINEERING FOR WOMEN

(Approved by AICTE, New Delhi & Affiliated to Anna University, Chennai, Accredited by NAAC & NBA)  
Tiruchengode-637 205, Namakkal Dt., Tamil Nadu.



Prof. Dr. M. KARUNANITHI  
Chairman & Secretary

## INTERNAL QUALITY ASSURANCE CELL

*in association with*

## SWAMY VIVEKANANDHA NATUROPATHY AND YOGA MEDICAL COLLEGE

*Cordially invite you for the*

# HEALTH AWARENESS CAMP FOR STAFF

on

05<sup>th</sup> February 2022, at 11.00 A.M.

Venue : VCEW Seminar hall

### FELICITATION BY

**Prof. S.KUPPUSWAMI, B.E., M.Sc(Engg)., Dr.Ing(France).,**

Executive Director

Vivekanandha Educational Institutions

### PRESIDE OVER BY


"Vidhya Rathna"

**Prof. Dr. M. KARUNANITHI, B.Pharm., M.S., Ph.D., D.Litt.,**

Chairman & Secretary,

Vivekanandha Educational Institutions & Hospitals,  
Tiruchengode & Sankari.



  
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**Glimpse of Photos**



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**Glimpse of Photos**



9W5V+3H5, Elaiyampalayam, Tamil Nadu 637205, India  
Lat: N 11°21'27.3222 Date: 05/02/2022  
Lon: E 77°56'38.74992 Time: 01:13 PM 31.53°C



9W5V+3H5, Elaiyampalayam, Tamil Nadu 637205, India  
Lat: N 11°21'27.32256 Date: 05/02/2022  
Lon: E 77°56'38.85828 Time: 01:16 PM 31.53°C



  
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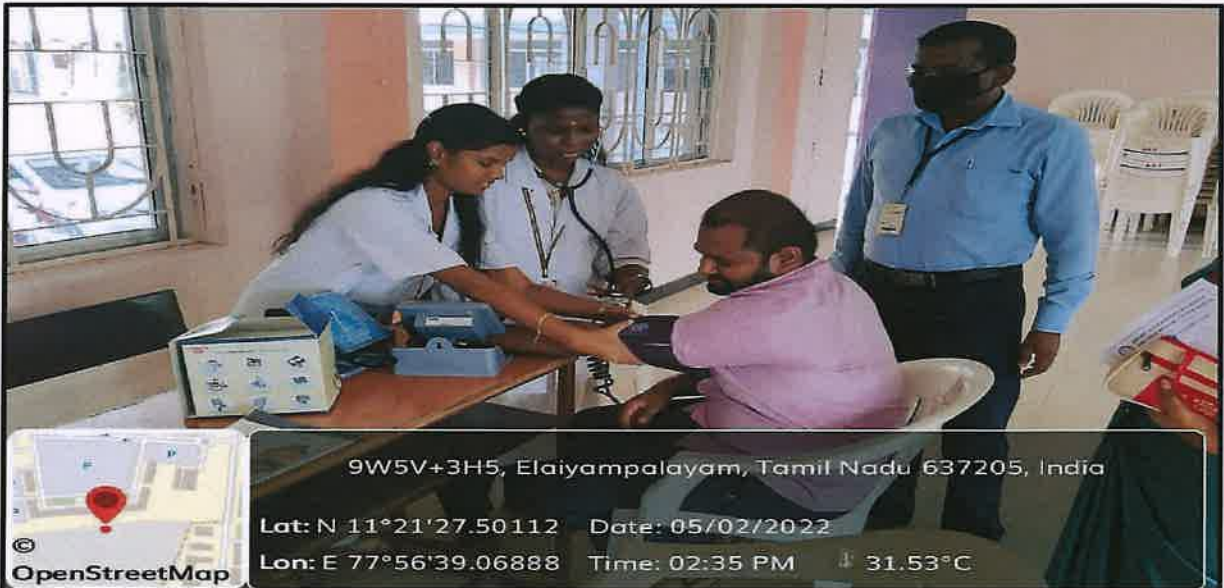
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**Glimpse of Photos**



9W5V+3H5, Elaiyampalayam, Tamil Nadu 637205, India

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9W5V+3H5, Elaiyampalayam, Tamil Nadu 637205, India

Lat: N 11°21'27.50112 Date: 05/02/2022  
Lon: E 77°56'39.06888 Time: 02:35 PM 31.53°C



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**HEALTH AWARENESS CAMP TEACHING STAFF ATTENDANCE - 05.02.2022**

S.NO.	STAFF NAME	DESIGNATION/ DEPARTMENT	SIGNATURE
<b>HEAD OF THE INSTITUTION</b>			
1	Dr.KCK.VIJAYAKUMAR	PRINCIPAL/VCEW	
2	Dr.KANNAN.P	COE/VCEW	<i>[Signature]</i>
<b>DEPARTMENT : CSE</b>			
1	Dr.MALATHI.L	HOD/CSE	<i>[Signature]</i>
2	Dr.NITHYA.R	ASP/CSE	<i>[Signature]</i>
3	Dr.MOHANAPRIYA.N	AP/CSE	<i>[Signature]</i>
4	Mr.DINESH KUMAR.R.T	AP/CSE	<i>[Signature]</i>
5	Mrs.RADHIKA.D	AP/CSE	<i>[Signature]</i>
6	Mrs.THAMARAISELVI.A	AP/CSE	<i>[Signature]</i>
7	Mrs.ANANTHI.B	AP/CSE	<i>[Signature]</i>
8	Ms.BRINDHA.P	AP/CSE	<i>[Signature]</i>
9	Mrs.SASIKALA.G	AP/CSE	<i>[Signature]</i>
10	Mr.RAMESH.M	AP/CSE	<i>[Signature]</i>
11	Mr.VISWANATH KANI.T	AP/CSE	<i>[Signature]</i>
12	Ms.SINDHUJA.S	AP/CSE	<i>[Signature]</i>
13	Mr.SIVARAMAN.S	AP/CSE	<i>[Signature]</i>
14	Mr.PRAKASH.P.S	AP/CSE	<i>[Signature]</i>
15	Mrs.SIVAPRIYA.K	AP/CSE	<i>[Signature]</i>
16	Mr.DHAMODHARAN.R	AP/CSE	<i>[Signature]</i>
17	Mr.SURESHKUMAR.K	AP/CSE	<i>[Signature]</i>
18	Mrs.KAVITHA.T	AP/CSE	<i>[Signature]</i>
19	Ms.SARANYA.A	AP/CSE	<i>[Signature]</i>
20	Mrs.SONIYA LAKSHMI	AP/CSE	<i>[Signature]</i>



  
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S.NO.	STAFF NAME	DESIGNATION/ DEPARTMENT	SIGNATURE
<b>DEPARTMENT : ECE</b>			
1	Dr.KALAIVAANI.P.T	HOD/ECE	
2	Dr.SARAVANA KUMAR.R	PROF/ECE	
3	Dr.KAMALAVATHI.E	PROF/ECE	
4	Dr.NIRMALA.R	ASP/ECE	
5	Dr.RAJESH.S	ASP/ECE	AB
6	Dr.MALATHI.M	AP/ECE	AB
7	Dr.KOKILA.S	AP/ECE	
8	Mr.SELVARAJ.R	AP/ECE	
9	Mr.GNANAMURUGAN.S	AP/ECE	
10	Dr.SATHESHKUMAR.K	AP/ECE	
11	Mr.RAMESH.M	AP/ECE	
12	Mr.NAGARAJAN.P	AP/ECE	
13	Mr.THIRUPATHI.M	AP/ECE	
14	Mr.BALAKRISHNAN.S	AP/ECE	
15	Mr.MANIKANDAN.T	AP/ECE	
16	Ms.MARIYAMMAL.A	AP/ECE	AB
17	Ms.MATHUBALA.R.S	AP/ECE	
18	Mr.JAYABALASUBRAMANIAM.P	AP/ECE	
19	Ms.RAJESWARI.G	AP/ECE	
20	Ms.INDHUMATHI.R	AP/ECE	







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S.NO.	STAFF NAME	DESIGNATION/ DEPARTMENT	SIGNATURE
<b>DEPARTMENT : EEE</b>			
1	Dr.KANNAN.P	HOD/EEE	
2	Dr.SENTHILKUMAR.R	PROF/EEE	
3	Dr.THENMALAR.K	PROF/EEE	
4	Dr.VENKATARAMANAN.K	ASP/EEE	
5	Mr.SASIKUMAR.T	AP/EEE	
6	Mr.SHANMUGASUNDARAM.J	AP/EEE	
7	Mr.SANTHOSH KUMAR.D	AP/EEE	
8	Ms.PREETHI.A	AP/EEE	
9	Mr.MUTHARASU.S	AP/EEE	
10	Mr.GOUTHAM.B	AP/EEE	
11	Mr.MANIKANDAN.R	AP/EEE	
12	Mr.IMTIYAS.A	AP/EEE	
13	Mr.MAGUDESWARAN.P	AP/EEE	
<b>DEPARTMENT : IT</b>			
1	Dr.POONGODI.C	HOD/IT	
2	Dr.MENAKA.E	ASP/IT	
3	Mr.THANGADURAI.E	AP/IT	
4	Mr.PRAKASH.U	AP/IT	
5	Mr.HARIPRASATH.K	AP/IT	
6	Mrs.LOGAMBAL.R	AP/IT	
7	Mrs.ANANDHI.S	AP/IT	
8	Mrs.KEERTHANA.K	AP/IT	
9	Mrs.SHANMUGA PRIYA.K	AP/IT	
10	Ms.GAYATHIRIDEVI.M	AP/IT	
11	Mr.SARAVANAN.T	AP/IT	
12	Ms.MERENA.S	AP/IT	
13	Ms.VISALI.C	AP/IT	
14	Mrs.JANANI.T	AP/IT	





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S.NO.	STAFF NAME	DESIGNATION/ DEPARTMENT	SIGNATURE
<b>DEPARTMENT : BT</b>			
1	Dr.MUTHU KUMARA PANDIAN.A	HOD/BT	W.K. 5/12/22
2	Dr.GILBERT ROSS REX.K	AP/BT	[Signature]
3	Dr.MANOJKUMAR.M.S	AP/BT	M.S. 05/12/22
4	Dr.PRABHU.N	AP/BT	Leave
5	Dr.SETHU.M	AP/BT	[Signature]
6	Mrs.ARCHANA.A	AP/BT	[Signature]
7	Mrs.JEEVITHA.S	AP/BT	[Signature]
8	Mr.VIJAY PRADHAP SINGH.M	AP/BT	[Signature]
9	Mrs.RAJAMEHALA.M	AP/BT	M. Raj
10	Ms.SUGANYA.A	AP/BT	leave
11	Ms.KARTHIKA DEVI.S	AP/BT	[Signature]
12	Mrs.ESAITAMIL.A	AP/BT	A. Esai
<b>DEPARTMENT : BME</b>			
1	Dr.KUMAR.R	ASP/HEAD	R. veef
2	Mr.DHANAPAL.R	AP/BME	[Signature]
3	Ms.ANJALI.A	AP/BME	[Signature]
4	Mr.NAGARAJAN.N	AP/BME	[Signature]
<b>DEPARTMENT : CST</b>			
1	Dr.SAYEEKUMAR.M	HOD/CST	[Signature]
2	Mrs.FOWJIYA.S	AP/CST	[Signature]
3	Ms.PRIYANKA.M	AP/CST	[Signature]
<b>DEPARTMENT : MBA</b>			
1	Mr.KANAGASABAPATHY.G	AP/MBA	[Signature]
2	Dr.JAYAPRIYA.K	AP/MBA	[Signature]



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S.NO.	STAFF NAME	DESIGNATION/ DEPARTMENT	SIGNATURE
<b>DEPARTMENT : MATHS</b>			
1	Dr.JANSI RANI.P.G	HOD/PROF/MATHS	
2	Dr.HEMALATHA.V	AP/MATHS	V. Hemalatha
3	Mr.BALASUBRAMANI.S	AP/MATHS	S. Balasubramani
4	Ms.SATHIYA.P	AP/MATHS	P. Sathiya
5	Mrs.RUPAKALA.R	AP/MATHS	R. Rupakala
6	Mr.SATHISHKUMAR.V.C	AP/MATHS	V. C. Sathish Kumar
7	Mr.SRITHAR.G	AP/MATHS	G. Srithar
<b>DEPARTMENT : CHEMISTRY</b>			
1	Dr.MAGESWARI.S	ASP/CHEM	S. Mageswari
2	Dr.BALACHANDRAN.K	ASP/CHEM	K. Balachandran
3	Dr.VIJAYAKUMAR.G	AP/CHEM	G. Vijayakumar
4	Mr.VISWAKSENAN.M.S	AP/CHEM	M. S. Viswaksenan
5	Mrs.PREETHI.A	AP/CHEM	A. Preethi
<b>DEPARTMENT : PHYSICS</b>			
1	Dr.PANNEERSELVAM.A	ASP/PHYSICS	A. Panneerselvam
2	Dr.PAZHANIVELU.V	AP/PHYSICS	V. Pazhanivelu
3	Mrs.REVATHI.J	AP/PHYSICS	J. Revathi
<b>DEPARTMENT : ENGLISH</b>			
1	Dr.KANNAN.S.R	ASP/ENGLISH	S. R. Kannan
2	Mrs.KAVIYA.P	AP/ENGLISH	P. Kaviya
3	Mrs.KARTHIKA.T	AP/ENGLISH	T. Karthika
<b>DEPARTMENT : MECHANICAL</b>			
1	Mr.SATHEESKUMAR.T	AP/MECH	T. Satheeskumar
2	Mr.PRAVEEN KUMAR.S	AP/MECH	S. Praveen Kumar
3	Mr.SARAVANAN.U.M	ASP/MECH	M. Saravanan





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S.NO.	STAFF NAME	DESIGNATION/ DEPARTMENT	SIGNATURE
<b>DEPARTMENT : PLACEMENT CELL</b>			
1	Mr.SATHISH KUMAR.A	AP/EEE Cum Placement Co.Ordinator	
2	Mr.AROCKIA RAJ.J	ASP Cum Training Head	
3	Mr.KAMALAMAHARAJA.K.K	Placement Trainer	
4	Mr.DHAVAMANIRAJ.R	Facilitator - English	-
5	Mr.PRAVEEN KUMAR.J.P	Placement Trainer	
6	Ms.KALAIVANI.D.G	AP/ENG Cum Placement Trainer	
7	Ms.LATHA MARAGATHA RANI.V	AP/CSE CUM Placement Trainer	
<b>DEPARTMENT : LIBRARY</b>			
1	Mrs.KAMALAVENI.S	Librarian/ VCEW	



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S.NO.	STAFF NAME	DESIGNATION/ DEPARTMENT	SIGNATURE
4	SRINIVASAN.L	Lib Asst/Library	
5	MALLIGA.D	Lib Asst/Library	
6	SURESH.N	Lib Asst/Library	

DEPARTMENT : CSE			
1	SHYAM SUNDAR.R	DOS/CSE	
2	SARATHKUMAR .P	System Engineer	—
3	ANANTH.M	Programmer	
4	SATHISHKUMAR.R	LAB ASST/CSE	
5	SIVASHANKARI.R	INSTRUCTOR/CSE	
DEPARTMENT : ECE			
1	SARAVANAN.B	LAB TECH/ECE	
2	SUNDHAR.A	LAB ASST/ECE	
3	INDHU.B	INSTRUCTOR/ECE	
DEPARTMENT : EEE			
1	KARTHICKRAJAKUMAR.S	DOS/EEE	
2	VENKATESAN.R	LAB ASST/EEE	
3	DHASTAGEER.M	LAB ASST/EEE	
4	SUBRAMANIAM.S	LAB ASST/EEE	
DEPARTMENT : IT			
1	ANITHA S	DOS/IQAC	
2	SAMPATHKUMAR.S	WEB SITE ENGINEER	
3	RAJBABU.R	LAB ASST/IT	A
DEPARTMENT : BT			
1	RAJA DURGA.R	DOS/BT	
2	VANITHA.S	LAB ASST/BT	
3	DINESHKUMAR.N	LAB ASST/BT	
4	KRISHNAVENI.L	LAB ASST/BT	





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<b>DEPARTMENT : BME</b>			
1	PAVITHRA.R	LD/BME	<i>Pavithra</i>
<b>DEPARTMENT : CST</b>			
1	MANJULA.R	DOS/CST	<i>Manjula</i>
<b>DEPARTMENT : CHEMISTRY</b>			
1	KOWSALYA.R	LAB ASST/CHEM	<i>R. Kowsalya</i>
<b>DEPARTMENT : PHYSICS</b>			
1	JAMUNA.K	LAB ASST/PHYSICS	<i>K.J</i>
<b>DEPARTMENT : MECHANICAL</b>			
1	KARTHIKKUMAR.K	LAB ASST/MECH	<i>Karthik</i>
2	SILAMBARASAN.R	LAB ASST/MECH	<i>R-98</i>
<b>DEPARTMENT : PROJECT ASSISTANT</b>			
1	RITHIKA.C	PROJECT ASSISTANT	<i>Rithika</i>
<b>DEPARTMENT : ACCOUNTS</b>			
1	GOPINATHAN	ACCOUNTANT	<i>Gopinathan</i>
2	USHARANI.D	CASHIER	<i>Usharani</i>



  
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**TIRUCHENGODE - 637 205**

**HEALTH AWARENESS CAMP (05.02.2022)**

**CONSOLIDATED STAFF FEEDBACK REPORT**

1. Understand the concept of "Naturopathy"
2. Talk about the health awareness and food diets very informative.
3. Through this health camp, Able to think about the responsiveness should take for our body.
4. "Nadi Shuddhi Pranayama" is very useful.
5. Understand the factors that affect our body in day to day life style
6. Program helpful to know about the physical body functions.
7. Able to find difference between temporary and permanent cure for pains.
8. Yoga session given relief to mind & soul and relieved stress.
9. Breathing and laughing exercise really relived my stress
10. Exercise and practices given are useful and bring relaxation.
11. Consultancy session is very useful to sharing the health problems and received necessary guidelines from doctors.
12. Doctor's consultation in afternoon session, very useful and they are cleared doubts patiently.
13. Understand the balance of physical and mental health in this pandemic period.
14. Gain importance to lead a healthy and energetic life.
15. Understand the importance of "Food" in daily life.
16. Tips given for reducing body weight, BP and head ache is very useful.



  
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## VIVEKANANDHA

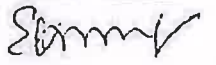
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INTERNAL QUALITY ASSURANCE CELL  
HEALTH AWARENESS CAMP ON 05.02.2022  
FEEDBACK

Faculty Name: DR. E. KAMIALAVATHI Designation & Department: PROFESSOR & EC

First I thank the Management, Principal and IQAC for arranging the wonderful session for the wellbeing of us. Temperature, Blood pressure, weight etc parameters of the person measured and according to that details, we will have a discussion with Doctors who are expertise in that field. I got the detailed information about the protection of my health. They gave me enough suggestions to protect the health. From that day onwards I started to do Nadasudhi and Pranambari yoga to maintain my LUNGS functions.

Thank you!!

  
Signature



  
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**HEALTH AWARENESS CAMP ON 05.02.2022**  
**FEEDBACK**

Faculty Name: R. Loganbal

Designation & Department: AP/IT

→ First of all i would like to thank our management to arrange this event. (Camp).

→ Because of during this pandemic situation, we are having lot of mental stress. After <sup>attended</sup> this camp, i feel very happy & free mind.

→ During the doctor counselling, i will freely shared my problems to the doctor ASvitha mam. She gave some tips to reduce my problems and asked to

discuss meet at RTT campus for further treatment.

→ Dr. Asvitha mam speech is very informative & useful for the both male & female staffs.

R. Loganbal  
Signature



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**FEEDBACK**

Faculty Name: *Dr. A. Muthu Kumara Pandian*

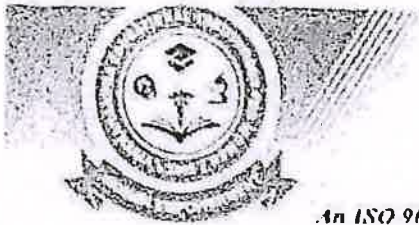
Designation & Department: *HOD/B.T.*

The session was refreshing & useful. Try to keep physically and mentally well was very useful in present pandemic period. The exercises and practices given were really useful and brought relaxation. Consultation & advices given by expert doctor were of importance to lead a healthy and energetic life. Overall the session arranged by the college with the support given by management was an excellent initiative.

*Muthu Kumara Pandian*  
Signature



*[Signature]*  
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VIVEKANANDHA  
EDUCATIONAL INSTITUTIONS

Dr. KCK. VIJAYAKUMAR, M.E., Ph.D., MIE.,  
Principal

Date : 05.02.2022

To,  
**Dr. Su. SREEDARAN,**  
Assistant Professor and Medical Officer,  
Swamy Vivekanandha Naturopathy and Yoga Medical College,  
Sankari, Salem.

## LETTER OF APPRECIATION

I would like to extend my sincere gratitude towards you for your presence during the "Health Awareness Camp" on 05.02.2022. Your tips for staying healthy lifestyle and its execution have broadened our thoughts. You have covered all the essential elements of the health care system. About 120 faculty and staff members are immensely benefitted in this program.

I sincerely appreciate your commitments and commendable job during this camp.

I once again would like to thank you for your speech and demonstration during the camp and waiting to see in future also.



PRINCIPAL,  
Vivekanandha College of Engineering  
for Women, (Autonomous)  
Tiruchengode (Tk.) Namakkal Dt.  
Tamilnadu - 637 205.

*[Signature]*  
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VIVEKANANDHA  
EDUCATIONAL INSTITUTIONS

Dr. KCK. VIJAYAKUMAR, M.E., Ph.D., MIE.,

Principal

Date : 05.02.2022

To,

Ms. R. LAVANYA,

First Year - BNYS,

Swamy Vivekanandha Naturopathy and Yoga Medical College,  
Sankari, Salem.

## LETTER OF APPRECIATION

I am writing this letter to show our gratitude and appreciation for your dedicated effort during "Health Awareness Camp" on 05.02.2022. About 120 faculty and staff members are immensely benefitted in this program.

I would like to appreciate for your outstanding contribution to this health camp.

Although a letter would not be sufficed, yet it is a small gesture to express our thankfulness and satisfaction for your dedication in medical field.

**I sincerely wish you continued success in all your future endeavors**



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